This conference is designed for health care professionals, policymakers, law enforcement personnel, environmentalists, substance abuse professionals, and others concerned with the human and environmental impact of benzodiazepines and other prescription drugs.

**Track A: Safe Drug Return** focuses on the environmental and social impact of unused prescription drugs stored in homes and flushed or otherwise discarded into the environment. Innovative return and disposal policy and program responses will be illustrated.

**Track B: Benzodiazepines and Other Prescription Drugs** addresses the multitude of issues surrounding the use, misuse, and abuse of prescription drugs with a special focus on benzodiazepines, a class of medications used to treat anxiety, stress, and insomnia. Pertinent health safety and improved medication prescribing practices will be considered.

This conference will also provide the first opportunity for a North American audience to review the Athens Declaration, an international declaration addressing unused consumer medications for the betterment of the health of the environment and patients worldwide.

Conference presentations and materials will be available at: www.mainebenzo.org/2007conference
Wednesday, October 31 – Early Morning
General Session
(Connecticut/Rhode Island Rooms)

7:30 AM  REGISTRATION/CONTINENTAL BREAKFAST

WELCOMING REMARKS AND KEYNOTES

8:30 AM  Lenard W. Kaye, Director, UMaine Center on Aging
          Lynn Bromley, Maine State Senator
8:35 AM  Trish Riley, Director of the Governor’s Office of Health Policy and Finance, The Office of the Honorable John E. Baldacci, Governor of the State of Maine
8:50 AM  David Littell, Commissioner, Maine Department of Environmental Protection
9:10 AM  Dora Anne Mills, Director, Maine Bureau of Health
9:20 AM  EPA’s Current Focal Points on Prescription Drugs in the Environment
          Robert W. Varney, Regional Administrator, U.S. Environmental Protection Agency, New England Office, USEPA Region 1
9:45 AM  The Policy Implications of Benzodiazepines and Related Drug Return Programs
          Mark B. Lapping, Interim Provost and Vice President for Academic Affairs, Distinguished Professor of Public Policy and Management, University of Southern Maine

10:10 AM BREAK - Exhibit Touring and Networking

Wednesday, October 31 - Late Morning - Track A
Safe Drug Return
(Connecticut Room)

10:30 AM Drug Return Programs Funded Through the EPA’s Aging Initiative in Maine and St. Louis, Missouri
Moderator: Kathy Sykes, Senior Advisor, Aging Initiative EPA
Panel: Lenard W. Kaye, Director and Jennifer Crittenden, Research Associate, UMaine Center on Aging, Stevan Gressitt, Medical Director, Northeast Occupational Exchange, Roy McKinney, Director, Maine Drug Enforcement Agency, Sterling W. Hayden, Vice-President, Area Resources for Community and Human Services (ARCHS), St. Louis, Missouri, Daniel J. Barrett, Manager, Business Development, USPS, Washington, D.C., and Herbert Olsen, Classification Specialist, Office of Mailing Standards, USPS, Washington, D.C.
Wednesday, October 31 - Late Morning - Track B  
Benzodiazepines and Other Prescription Drugs  
(Rhode Island Room)

10:30 AM  Benzo Terror! The Making of an Urban Myth  
*Edward Shorter, Professor of Psychiatry, Faculty of Medicine, University of Toronto*

11:15 AM  An Overview of Principles of Drug Use and Prescribing for the Elderly  
*Thomas Clark, Director of Policy & Advocacy, American Society of Consulting Pharmacists*

12:00 PM  LUNCH – *Carl Lakari & Project AWARE Educational Skits (New Hampshire and Massachusetts Rooms)*

Wednesday, October 31 - Afternoon - Track A  
Safe Drug Return  
(Connecticut Room)

1:00 PM  Individual State Efforts Regarding Drug Return Legislation  
*Anne Perry, Maine House of Representatives, Chair of the Health and Human Services Committee*

1:30 PM  Solving the Problem of Medicine Disposal: How the Great Lakes States are Protecting Public Health  
*Susan Boehme, Coastal Sediment Specialist, Elizabeth Hinchey Malloy, Great Lakes Ecosystem Specialist, and Jessica Winter, ORISE Intern, EPA Great Lakes National Program Office*

2:00 PM  Case Study of the Fox Cities, Wisconsin Unused Medication Collection Program and An Update on Wisconsin’s Efforts with Unused Medications  
*Mary Kohrell, Associate Professor and Community Development Educator, Calumet County UWisconsin Cooperative Extension Service and Steve Brachman, Waste Reduction Specialist, UWisconsin Solid and Hazardous Waste Education Center*

2:30 PM  Washington State’s Pharmaceutical Take Back Pilot  
*Cheri Grasso and Will Perry, Health and Environmental Investigators, Seattle Hazardous Waste Management Program*

3:00 PM  An Evaluation of Unused Medication Disposal Options  
*Doug Finan, GlaxoSmithKline, Matthew D. Garamone, Pfizer Inc., and James Jahnke, Schering-Plough Corporation*

3:25 PM  BREAK - Exhibit Touring and Networking

3:45 PM  Discarded Drugs as Environmental Contaminants  
*Ilene Ruhoy, Environmental Chemistry Branch, Environmental Sciences Division, USEPA*

4:10 PM  Pharmaceuticals in Wastewater Streams: Disposal Practices and Policy Options in Santa Barbara  
*Margaret Zahller, James Kallaos and Crispin Wong, Bren School of Environmental*
4:40 PM  Community Take Back Programs Panel Discussion
Moderators: Ed Pontius, President, Maine Association of Psychiatric Physicians and Andrew MacLean, Deputy Executive Vice President and General Counsel, Maine Medical Association
Panel: Ann Pistell, Environmental Specialist, Maine Department of Environmental Protection, Marla H. Davis, Manager, Community Health Education, Mid-Coast Hospital, and Glenn Ross, Sheriff, Penobscot County, Maine

Wednesday, October 31 - Afternoon - Track B
Benzodiazepines and Other Prescription Drugs
(Rhode Island Room)

1:00 PM  New Users of Benzodiazepines: Implications for Elder Patient Safety
Gillian Bartlett, Assistant Professor, Department of Family Medicine, McGill University

1:40 PM  Epidemiology of Benzodiazepine Data Update: Prescribing and Usage Rates in the U.S. and Canada
Marcella H. Sorg, Research Associate, Margaret Chase Smith Policy Center, and Gerry Mugford, Assistant Professor, Dept. of Psychiatry, Memorial University of Newfoundland

2:25 PM  Current Trends and Concerns Surrounding Benzodiazepine Poisoning
Karen E. Simone, Managing Director, Northern New England Poison Center

3:00 PM  BREAK - Exhibit Touring and Networking

3:25 PM  Maine’s Prescription Monitoring Program (PMP): A Tool for Avoiding Drug Diversion
Daniel J. Eccher, Prescription Monitoring Program Coordinator, Maine Office of Substance Abuse

4:05 PM  Academic Detailing
Michael Allen, Director of Special Projects Continuing Medical Education, Dalhousie University

4:30 PM  Rationale for a Concerted Focus on Unused Pharmaceuticals
Irene Ruhoy, Environmental Chemistry Branch, Environmental Sciences Division, USEPA, Stevan Gressitt, Medical Director, Northeast Occupational Exchange, and Theophile Theophanides, National Technical University of Athens

5:40 PM  GALA RECEPTION SPONSORED BY THE AMERICAN PHARMACISTS ASSOCIATION (Vermont Room)

DINNER (On your own)

8:00 PM  FILM FESTIVAL Hosted by Gail Chase, Railroad Square Cinema (Rhode Island Room)
Films to be screened:
Mission Possible (Sara H. Christopherson, Director of Programs and
Communications, Partnership for Quality Medical Donations
The Second Tsunami (film produced by Pharmaciens Sans Frontieres Comite International)
The Vanishing Vultures (film produced by The Royal Society for the Protection of Birds and Bombay Natural History Society)

Thursday, November 1 – Early Morning
General Session
(Connecticut/Rhode Island Rooms)

7:30 AM  REGISTRATION/CONTINENTAL BREAKFAST

WELCOMING REMARKS AND KEYNOTES

8:30 AM  Stevan Gressitt, Medical Director, Northeast Occupational Exchange
          John Graham, Deputy Chief of Staff, U.S. Congressman Mike Michaud’s Office

8:35 AM  Non Medical Use of Prescription Drugs: Challenges and Solutions
          Bertha Madras, Deputy Director, Demand Reduction, White House Office of National
          Drug Control Policy

9:10 AM  Treatment Expansion for Medication Assisted Therapy: Innovations!
          Todd Mandell, Medical Director, and Peter Lee, Treatment and Intervention
          Management Chief, Office of Drug and Alcohol Programs, State of Vermont

9:40 AM  Quality Medical Donations & Minimizing Drug Disposal
          Anthoula Randopoulos, Vice-President, Philanthropic Investment, Direct Relief
          International

10:10 AM  BREAK - Exhibit Touring and Networking

Thursday, November 1 - Late Morning - Track A
Safe Drug Return
(Connecticut Room)

10:30 AM  Get Rid of Unused Pharmaceuticals (GROUP) Campaign
          Matthew C. Mireles, President/Director of Research, and Elizabeth A. Smith, Founder/
          Chairman, Community Medical Foundation for Patient Safety

11:20 AM  Removal of Emerging Contaminants from Aqueous Streams
          Rominder P.S. Suri, Director, and Gangahar Andaluri, Doctoral Research
          Assistant, Villanova Center for the Environment

Thursday, November 1 - Late Morning - Track B
Benzodiazepines and Other Prescription Drugs
(Rhode Island Room)
Thursday, November 1 - Late Morning - Track B (continued)

10:30 AM Inter-Professional Continuing Education for Management of Chronic Non-Cancer Pain
Michael Allen, Director of Special Projects, Continuing Medical Education, Dalhousie University

11:00 AM National Drug Intelligence Center (NDIC) Data Update
Stevan Gressitt, Medical Director, Northeast Occupational Exchange

11:30 AM Access Denied? The Medicare Part D Benzodiazepine Challenge and Maine’s Coverage Solution
Stacie M. Sparkman, Medicare Prescription Drug Coverage Specialist, Eastern Agency on Aging

12:00 PM LUNCH - Drug Disposal and Minimizing Risks from Prescription Drugs: Safety for Unintended Populations (New Hampshire and Massachusetts Rooms)
James R. Hunter, Senior Program Manager, Federal Drug Administration (FDA)

Spike Awards - presented by Ed Pontius, President, Maine Association of Psychiatric Physicians
Student Paper Competition Award Announcement presented by Ben Crocker, Staff Psychiatrist, Maine Medical Center

Thursday, November 1 - Afternoon - Track A

Safe Drug Return (Connecticut Room)

1:00 PM Lessons Learned from the Reverse Distribution Industry and Implications for National Consumer Take Back Programs
Mark Harvey, Director of Operations, EXP Pharmaceutical Services Corporation

1:40 PM Regulatory Challenges in Managing Pharmaceutical Waste
Mary Hendrickson, Director of Quality & Regulatory Affairs, Capital Returns, Inc., and Joanie A. Burns, Section Chief, Hazardous Waste Prevention and Management, Bureau of Waste and Materials Management, Wisconsin Department of Natural Resources

2:30 PM The Unused and Expired Medicines Registry
Matthew C. Mireles, President/Director of Research, and Elizabeth A. Smith, Founder/Chairman, Community Medical Foundation for Patient Safety

3:10 PM BREAK - Exhibit Touring and Networking

3:30 PM Development of Consumer Education Products Focusing on Safe Medication Disposal – Work Session
Facilitated by Ray Bullman, Executive Vice President, National Council for Patient Information & Education (NCPIE)
Thursday, November 1 - Afternoon - Track B
Benzodiazepines and Other Prescription Drugs
(Rhode Island Room)

1:00 PM  Developing Support Programs for People Withdrawing from Benzodiazepine Medications
Pam Butler, Case Worker, Maine Department of Health and Human Services

1:30 PM  Pharmacology for the Aging Population
David J. Mokler, Professor of Pharmacology, University of New England

2:20 PM  Evidence Based Medicine and Treatment Decision Points
Jeffrey S. Barkin, Private Practice Psychiatrist, Portland, Maine

3:10 PM  BREAK - Exhibit Touring and Networking

3:30 PM  Benzodiazepine Prescribing Guidelines Workgroup
James Berry, Physician, Family Practice Residency, Eastern Maine Medical Center;
Ben Crocker, Staff Psychiatrist, Maine Medical Center, Todd Mandell, Medical Director, Office of Drug and Alcohol Programs, Vermont, and Gillian Bartlett, Professor, Clinical and Health Informatics Research, Dept. of Family Medicine, McGill University

4:15 PM  EVALUATIONS
4:30 PM  CONFERENCE ADJOURNMENT

Continuing education credits:
• 11.5 AMA PRA Category I Credit™
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• Cary Medical Center is Accredited by the Maine Medical Association to sponsor continuing medical education for physicians
• Approved for 1.6 C.E. Units through the University of Maine
• Approved for 14.5 CEU contact hours through the National Association of Social Workers (NASW)
• Approved for 11.5 hours of CEU through the Maine Board of Pharmacy